
Adopting Counseling Services as Innovative Classroom Practices to Curb Bad Behaviour Among Secondary Schools Mathematics Students in Ondo State

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Abstract: *The study adopted counseling services as an innovative classroom to enhance good behavior among secondary schools' mathematics students in Ondo State. The study employed the use of descriptive research design. Simple random technique was used to distribute questionnaires to 40 respondents in each of 6 public schools and 4 private schools in Ondo West. The total sample size was therefore 400. Four research questions were raised. The use of self-designed questionnaire was employed and validated by experts in Educational Psychology and counseling. The data gathered was analysed with descriptive statistics (mean and standard deviation. The findings of the result. Show that counseling services are essential in pedagogical education because it helps to curb bad behavior among secondary schools' mathematics students. Based on the findings the following recommendation among other employment of secondary schools' counselors. Government should provide counseling facilities needed for school counselors in secondary schools, and secondary school teachers should work hand in hand with the school counselors.*

Keywords: Good behavior, counseling services, curb and secondary school mathematics students.

INTRODUCTION

Behavior is the response of an individual group or species to its environment. It could also be described as the aggregate of the response or reactions of movements made by an organism in any situation. Behavior is defined as responds to a specific set of conditions (Encarta dictionary 2009) Behaviour is also described as a reaction of an organism responding to a particular event. The word “Good means thing from what most people see to be accepted and normal. This clearly defined as norms. While the word “Deviant” means different thing from what most people see to be acceptable and normal.

Dictate (2016) defined deviant behaviour as a behaviour that violates the laid down rules and regulations of a given organization or group. Angel (2015) defined deviant behavior as any behavior that lacks conformity and acceptability of people in the society. Good behavior describes an action or behavior that are accepted or prescribed norms of a given society. He also emphasize that deviant behavior is a common phenomenon in the life of every human being but strategies that it is rampant among students in schools which has led them in joining secrets which has led them in joining secrets cults, and other heinous crimes in the school.

Mathematics is a science of numbers that deals with logic, accurate, thinking and reasoning. Students’ beliefs about their competence and their expectation for success in school have been directly linked to their levels of engagement as well as to emotional states that promote or interfere with their ability to be academically successful. For example students who believe they are academically in competent tend to be more anxious in the classroom and more fearful of revealing their ignorance. They fear that educational interaction will result in embarrassment and humiliating and this, in turn, inhibits them from behavior in ways that help them, such as asking question when they are confused or engaging in trial-and-error problem solving. Klassen (2004) revealed that most science students develop negative attitude towards the learning of mathematics.

Dicine (2009) stressed further that students negative attitude towards a subject might emanate from a number of factors which include teachers’ attitude to his students is negative and his relationship obscure students’ attitude to the subject might be negative (Yara 2009). Eremus (2015) posited that rules and regulations are not obeyed in our schools as there are much cases of examination malpractices, truancy, bullying, extortion sexual offences, dishonesty, during offences dressing offences behaviours etc. he said this ill attitude signifies deviation from standard functionality of students behavior. It is on this basis that Aiyeyika (2015) posited that school has become a place of committing different types of at societies and also imploring the government, parents and school administrators to wake up and ensure proper elimination of deviant behavior in our educational system.

Eremus (2015) opined that cases of examination malpractices seem to be aggravated by the large scale and shameful involvement of dishonest and greedy teachers, school heads, parents and all whose take put in examination administration. The prominence assumed by this malady in the school system has become a source of concern to stakeholders in the education industry. Every examination season witness new and indigenous methods of cheating. The examination process has become endangered to the extent that certification has almost lost its credibility in the country. Certificates no longer seem to reflect skill and competence. Accusing fingers have been pointed at teachers, school heads, parents, students, examination official and even security agents as those responsible for examination, malpractices in the school system (Aliyu, 2005) oniye and Duro saro (2009) explain that guidance and counseling is a pre requisite from quality teaching of mathematics secondary students counseling brings about change in maladaptive behaviour. Cognitive restructuring techniques would help to change irrational beliefs about adolescent and youthful stage in getting involved in examination malpractices. It would bring about change in orientation and imbibing the culture of reading. Reality therapy is used in helping individual to become psychologically strong and rational who is autonomous and behave responsibly towards self and others.

Also indecent dressing among mathematics students in secondary students, unconditional positive regard by the counselor would help in allowing individuals involved to open up and share their experiences, issues and challenges so that appropriate counseling could be given counselors should also be empathic while handling some cases of indecent dressing since some individuals may not be involved intentionally. They should not readily condemn but gradually lead them to discover the high risk involved in indecent dressing. Group counseling could be adopted in changing individuals social attitudes and behavior towards sexual offences dishonesty, drug offences etc and behavior towards the ill behavior and make mathematics students see the need for positive self concept.

Behavior modification techniques could also be used to curb the bad behavior. Acts of dressing decently, obeying examination rules, honesty etc should be encouraged and reinforced by the counselor. This is called operant conditioning. Social modeling which is the process whereby new behaviours is learned from watching other people and events could also be used to curb bad behaviours.

Statement of the Problem

The positive educational performance of mathematics students in secondary should be the joy of teachers, parents and government. Teachers alone cannot shoulder the responsibility of educating mathematics students against some deviant behavior such as examination malpractices, indecent dressing, fighting's bullying etc. it is so painful that school counselors are limited to primary schools and few secondary school in which it has created a lot of work load and problems for secondary school counselors in resolving issues within mathematics students.

Purpose of the Study

The main purpose of this study specifically focus on the following

- i. To identify the various bad behaviours exhibited by mathematics students in secondary schools
- ii. To identify the use of counseling services in curbing secondary schools students bad behavior

Research Questions

- i. What are the various bad or deviant behavior exhibited by secondary schools students.
- ii. How does counseling services help to curb bad or deviant behaviour among elementary school students.

METHODOLOGY

Design of the Study

The study made use of survey design. A survey design in which the entire population or represented sample are studied by collecting and analyzing data from the group through the use of questionnaire. The design was considered since the study solicited information on how to adopt counseling services to curb bad behaviours among mathematics students on secondary schools in the state.

Area of Study

The study was conducted in two secondary schools in Ondo West Local Government, Ondo State. Simple random sampling technique of balloting was used in selecting 70 students from each of the secondary schools. Making a total of 140 students.

Instrument for Data Collection

The instrument for data collection was a structured questionnaire developed by the researchers. It comprised of two sections. Section A dealt with personal data of respondents section B formulated to elicit data for answering research questions. The respondents indicated the extent to which each item in section applied to his school. The weights of the responses were.

Strongly agreed	4
Agreed	3
Disagreed	2
Strongly disagreed	1

Validity and Reliability of the Instrument

The instrument was validated by two experts from the two secondary schools counselors. Their constructive criticism and amendments were effected before a final copy was produced. The reliability of the instrument was determined by administering twice, copies of the instrument to a

sample of 20 from the two secondary schools (Test-retest method) A thirty items question titled “Questionnaire on the use of “ counseling services as an innovative classroom practices to court secondary school students bad behavior was used to collect data for the study. Then questionnaire were personally administered on the respondents and collected on the spot by the researcher thereby ensuring 100% return. The research questions were analysed using descriptive statistics mean and standard deviation. The responses were scaled on likert scale in which points were scaled on likert scale in which points were allotted to them using likert scale of 4 points SA-4 point, A-3point, D-2point and SD-1 point.

$$4+3+2+1/N = 4$$

$$10/4 = 2.5$$

The standard mean is 2.5, any mean that is from 2.5 above is considered accepted while any mean below 2.5 is considered unaccepted

RESULTS AND DISCUSSION

Question 1: What are the various bad behavior exhibiting among secondary school mathematics students

Table 1

Summary of mean and standard deviation on the various bad behavior exhibition among secondary school mathematics students.

Table 1

S/N	Common bad behavior among secondary school students	Mean Score X	Std Deviation	Rank
1	Examination malpractices	3.20	.85	15 th
2	Indecent Dressing	7.12	18.9	2 nd
3	Stealing	3.04	1.12	8 th
4	Smoking	2.82	1.17	11 th
5	Destroying of Properties	3.00	.85	9 th
6	Fighting	3.12	.98	6 th
7	Abusing Language	2.90	1.03	10 th
8	Disrespect Teachers	6.74	19.0	4 th
9	Lying	6.98	19.0	3 rd
10	Destroying of Properties	3.12	.84	6 th
11	Lateness to Classroom	8.59	23.1	1 st

Table 1 above shows the summary of rank mean and standard deviation of various bad behaviours exhibited by secondary schools’ mathematics students. The table indicates the lateness to classroom lecture are common among secondary school. Mathematics students with a mean score xz 8.58) which is ranked 1st position. Indecent dressing behaviours are common among secondary

school mathematics students which is rank 2nd position. The least bad or deviant behavior is smoking behavior with a mean $X = 2.82$)

Question 2: How does counseling services help to curb secondary school mathematics students' behavior.

Summary of mean and standard deviation on counseling services to curb secondary school mathematics students' bad behavior

Table 2

S/N	Counselling Services to Curb Secondary School Mathematics Students bad Behaviour	Mean Score X	Std Dev. Decision	Decision
1	The use of family counseling helps to curb mathematics students bad behavior	3.20	.73	Accepted
2	Telling stories to secondary school mathematics students as it affects their cognition and psychological development	5.12	2.4	Accepted
3	The use of school wide positive behavior support intervention	3.00	1.05	Accepted
4	The use of social media	3.15	.92	Accepted
5	The use of calming and relaxing services	3.06	1.04	Accepted

Table 2 above shows the summary of mean and standard deviation on the use of counseling services to curb secondary school mathematics students bad behaviour. The table indicate that the use of (x=3.20), telling stories to secondary school mathematics students on the effects of bad behavior as it affects their physical, emotional, social, cognition and psychological development with a mean score of (x=3.12) while the use of school wide positive behavior support intervention helps to curb secondary school mathematics students bad behavior with a mean score (x=3.00). The use of social media with a mean score of (x=3.15) and the use of calming and relaxing service with a mean score (x=3.06). It can be inferred that these counseling service helps to curb secondary school mathematics bad behavior.

DISCUSSION OF FINDINGS

Research question one designed to find out various bad or deviant behaviours exhibited by secondary school mathematics students. the findings revealed that the five most prominent behaviours are Examination malpractices, indecent dressing, stealing, smoking among secondary school mathematics students' behavior. The findings of Blanco, Grant 2008) study revealed that one of the causes of bad behavior exhibition such as Examination malpractice staling and smoking among adolescent is poor parenting. The findings of Rabjir's (2010) revealed on the various counseling services that helps to curb secondary school mathematics bad behavior. The use of

parenting counseling helps is curb bad behavior among secondary school mathematics. According to Angel (2016) emphasized that family counseling services that should be implemented by secondary school counselor to curb bad behavior.

CONCLUSION

Results have shown that the employment of secondary school mathematics students counselor in Nigerian helps to modify and correct bad behavior that may affects the physical, emotional social, cognition and psychological development of secondary school counselor that could help to curb bad behavior exhibition among secondary schools.

Recommendations

The following were recommended based on the findings of the study.

- i. Secondary school students should be enlightened to consequences of bad behavior
- ii. Teachers, parents and adults in the society should serve as roles model to secondary schools in their mode of dressing
- iii. Employment of school counselor should be employed in all secondary schools
- iv. Government should provide counseling facilities needed for school counselors in secondary schools.

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